

A Chapter of the Texas Counseling Association  
**CHAPTER NOTES**

**NEED HELP WITH DIFFICULT  
CLIENTS AND STUDENTS?  
OCTOBER 25 MEETING IS FOR YOU!**

Who doesn't need help with difficult to engage or reluctant clients and/or students? Every counselor has been there. October's program will help to identify specific barriers to working with youth and families and offer practical tools and interventions for overcoming barriers. Material in this presentation will highlight the ecological approach in working with families and motivational interviewing techniques which have been used with at-risk and difficult to engage populations.

James Turnage is the Director of Child and Adolescent Services at MHMR of Tarrant County. He is a Licensed Professional Counselor and board approved LPC supervisor. James has experience in community mental health, children's advocacy centers, domestic violence programs, and court ordered counseling/educational programs.

Stephanie Jacques is the supervisor at MHMR's Child and Adolescent Services. She is responsible for duties including consulting with staff on clinical issues, training all new and current staff; completing intake assessments; and taking an active role in ensuring families get the quality service they deserve. Stephanie has completed a Masters in Counseling Psychology and hopes upon completion of her LPC-I to maintain a private practice in addition to continuing with MHMRTC.

**NCTCA NEWSLETTER GOING ELECTRONIC!**

Unless you notify us that you wish to continue receiving your North Central newsletter through the mail, newsletters will soon be sent via e-mail. Some school districts block mass emails, so if this applies to you, please be sure we have your home email address.

The board meets from 5-6 pm; program from 6-8 pm at the Mental Health Assn. of Tarrant County, 3136 W. 4th (see page 3 for directions). Two CEU's awarded. No charge for members; \$10 charge for non-members wanting CEU's.

**NORTH CENTRAL TEXAS ASSOCIATION**

## NOTES FROM THE PRESIDENT

Claudia Roberts [crobe@charter.net](mailto:crobe@charter.net)

Dear NCTCA Members:

Welcome back to a new year of exciting meetings and activities with NCTCA! Dr. Janet Finch provided a great beginning for our year. Her presentation on recognition and treatment of childhood trauma was excellent. As usual, Janie Fox provided scrumptious cakes and bread for door prizes. Money received for door prize tickets contributes to our scholarship fund which provides scholarships for two students of NCTCA members who are continuing their education after high school. Our next meeting, October 25th at 6:00 p.m., will be at the Mental Health Association of Tarrant County. Our speakers will be James Turnage and Stephanie Jacques, speaking on Engaging Clients.

Soon, our newsletters will be sent through e-mail, unless we are otherwise notified. Please take time to correct your e-mail address so you will not miss a future issue. If you are using your school e-mail, be aware that attachments are frequently blocked, depending on the district. I am very excited about the information available on our website. Please continue to check the website and stay current on information and issues that affect the counseling profession. Also, please continue to bring donations. This month we are helping the Presbyterian Night Shelter. Cassie Gordon has listed items needed by this organization that supports homeless people. Remember:

- October is Red Ribbon time for schools;
- Plan to attend the TCA Professional Growth Conference-- Register today! You can register online at the TCA website. Enrich your profession and also take care of yourself.

Claudia

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**2010-2011 PROGRAMS**

Oct. 25: Engaging Clients, James Turnage & Stephanie Jacques

Nov. 29: Working with Suicide, Monica Kintigh, PhD, LPC

Jan. 24: Sad & Anxious Children & Teens (What's a Counselor to Do?), Ginger Robinson

Feb. 21: Bullying & Sexual Harassment, Angie Walston, Parenting Center

March 26: Ethics Spring Workshop

May 5: The Role of Humor in Counseling, Ginger Robinson

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**A FEW GOOD MEN NEEDED (AND WOMEN!)**

Fort Worth is hosting the 2011 Texas Counseling Association's Professional Growth Conference. We need your help! We particularly need volunteers to facilitate the sectional meetings, but there are many other ways you can help also.

Please call MaryAnn Maryol (817/737-9102) and help us make this the best conference ever!

